

SESSION THREE

THE PATTERN FOR PRAYER (PART ONE)



CHECKING IN

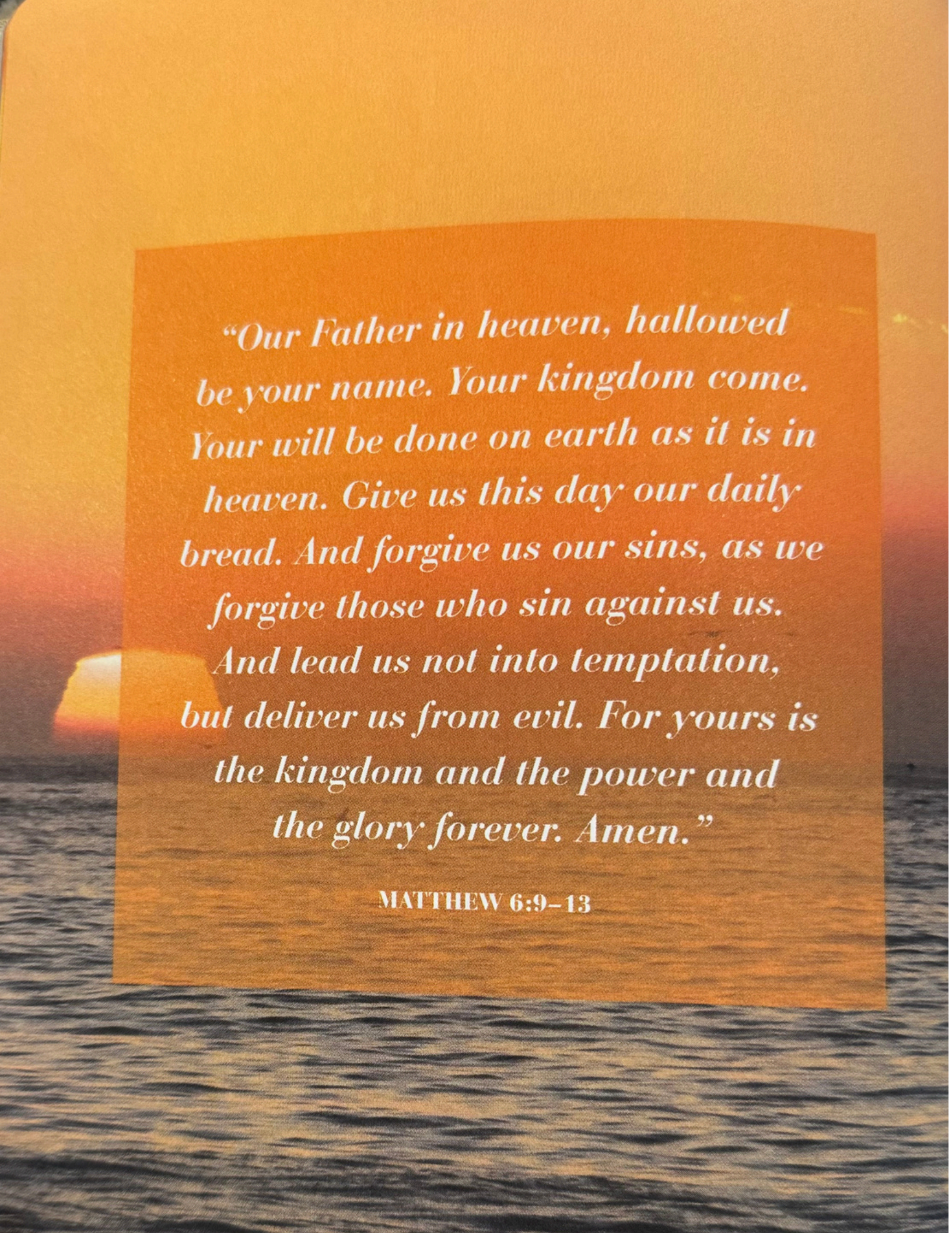
Would anyone like to share their response to the Ephesians 3:20 Exercise or an insight from your Daily Prayer Journal that especially stood out to you this week?

KEY VERSE

*Give thanks to the Lord for his unfailing love
and his wonderful deeds for men.*

PSALM 107:15 (NIV)

Watch the video lesson now and follow along in your outline.

A photograph of a sunset over the ocean. The sun is a bright orange orb on the left side of the frame, partially obscured by a translucent orange rectangular box. The sky is a gradient of orange and yellow, and the ocean below is dark with visible ripples. The text is centered within the orange box.

*“Our Father in heaven, hallowed
be your name. Your kingdom come.
Your will be done on earth as it is in
heaven. Give us this day our daily
bread. And forgive us our sins, as we
forgive those who sin against us.
And lead us not into temptation,
but deliver us from evil. For yours is
the kingdom and the power and
the glory forever. Amen.”*

MATTHEW 6:9-13

DAILY PRAYER JOURNAL

Day 15

What did you hear?

What did God say to you as you read today's Bible passage?

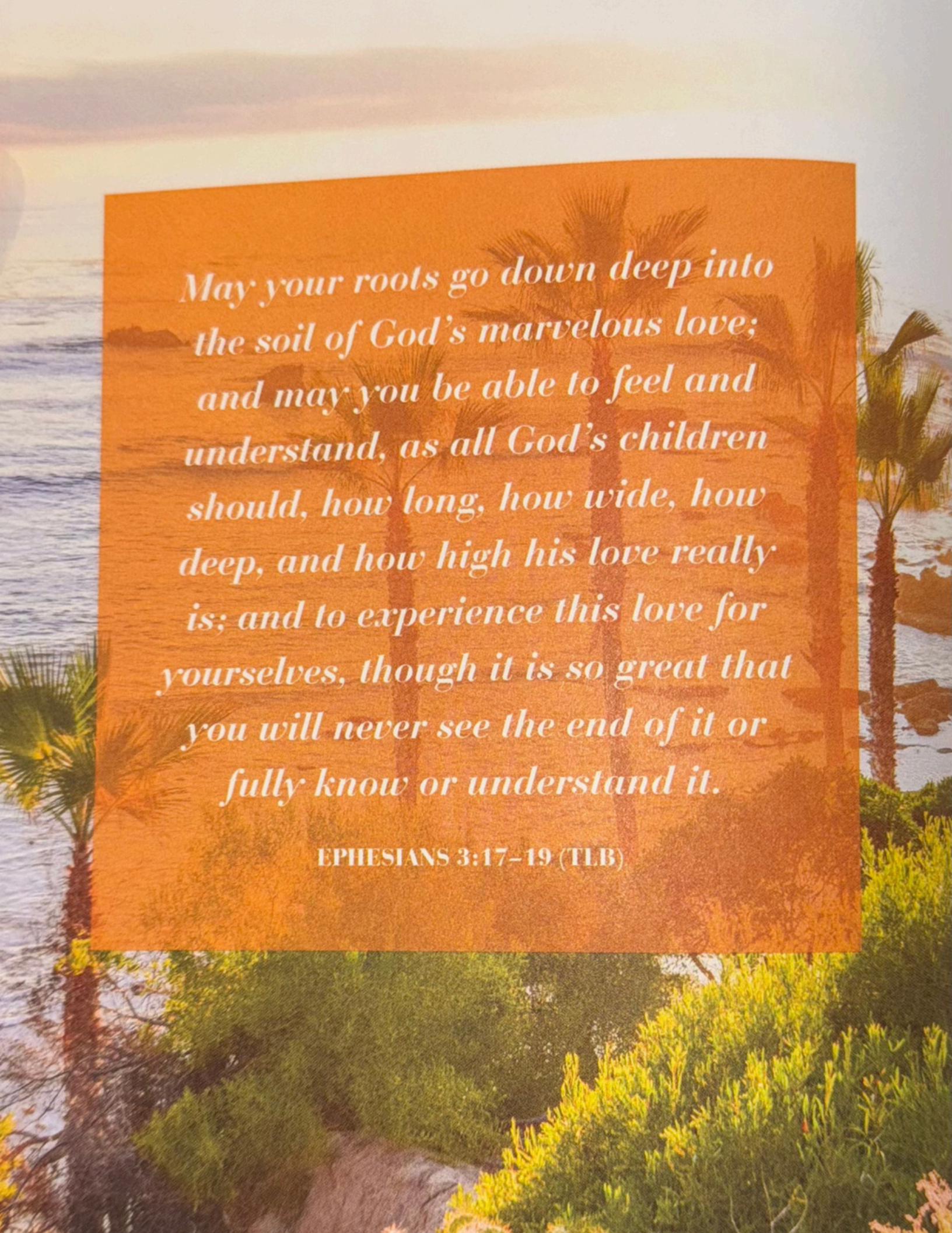
What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.



*May your roots go down deep into
the soil of God's marvelous love;
and may you be able to feel and
understand, as all God's children
should, how long, how wide, how
deep, and how high his love really
is; and to experience this love for
yourselves, though it is so great that
you will never see the end of it or
fully know or understand it.*

EPHESIANS 3:17-19 (TLB)

DAILY PRAYER JOURNAL

Day 16

What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.

*Give thanks to the Lord for
his unfailing love and his
wonderful deeds for men.*

PSALM 107:15 (NIV)

DAILY PRAYER JOURNAL

Day 17

What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.

*We know that all that happens to us
is working for our good if we love
God and are fitting into his plans.*

ROMANS 8:28 (TLB)

DAILY PRAYER JOURNAL

Day 18

What did you hear?

What did God say to you as you read today's Bible passage?

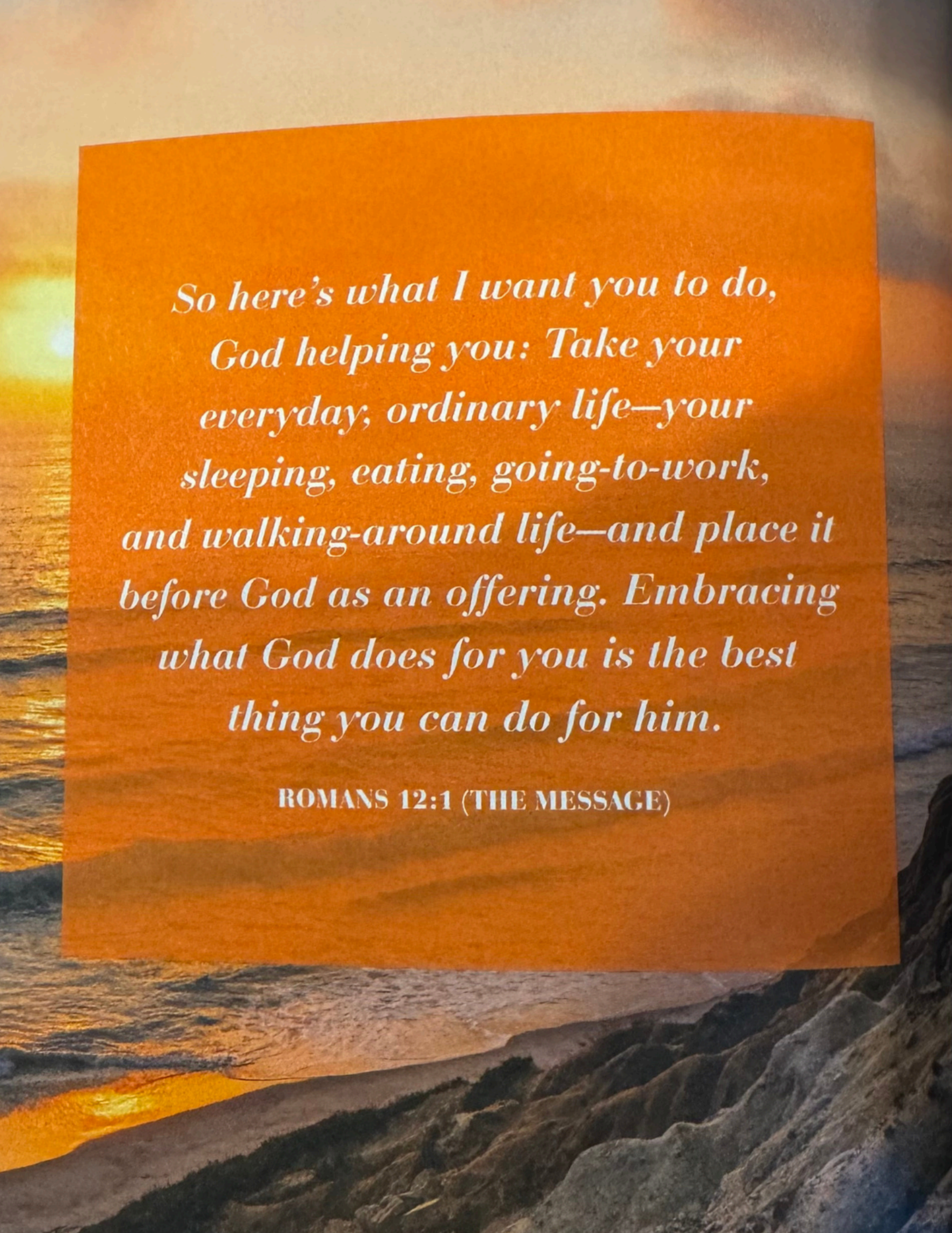
What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.



*So here's what I want you to do,
God helping you: Take your
everyday, ordinary life—your
sleeping, eating, going-to-work,
and walking-around life—and place it
before God as an offering. Embracing
what God does for you is the best
thing you can do for him.*

ROMANS 12:1 (THE MESSAGE)

DAILY PRAYER JOURNAL

Day 19

What did you hear?

What did God say to you as you read today's Bible passage?

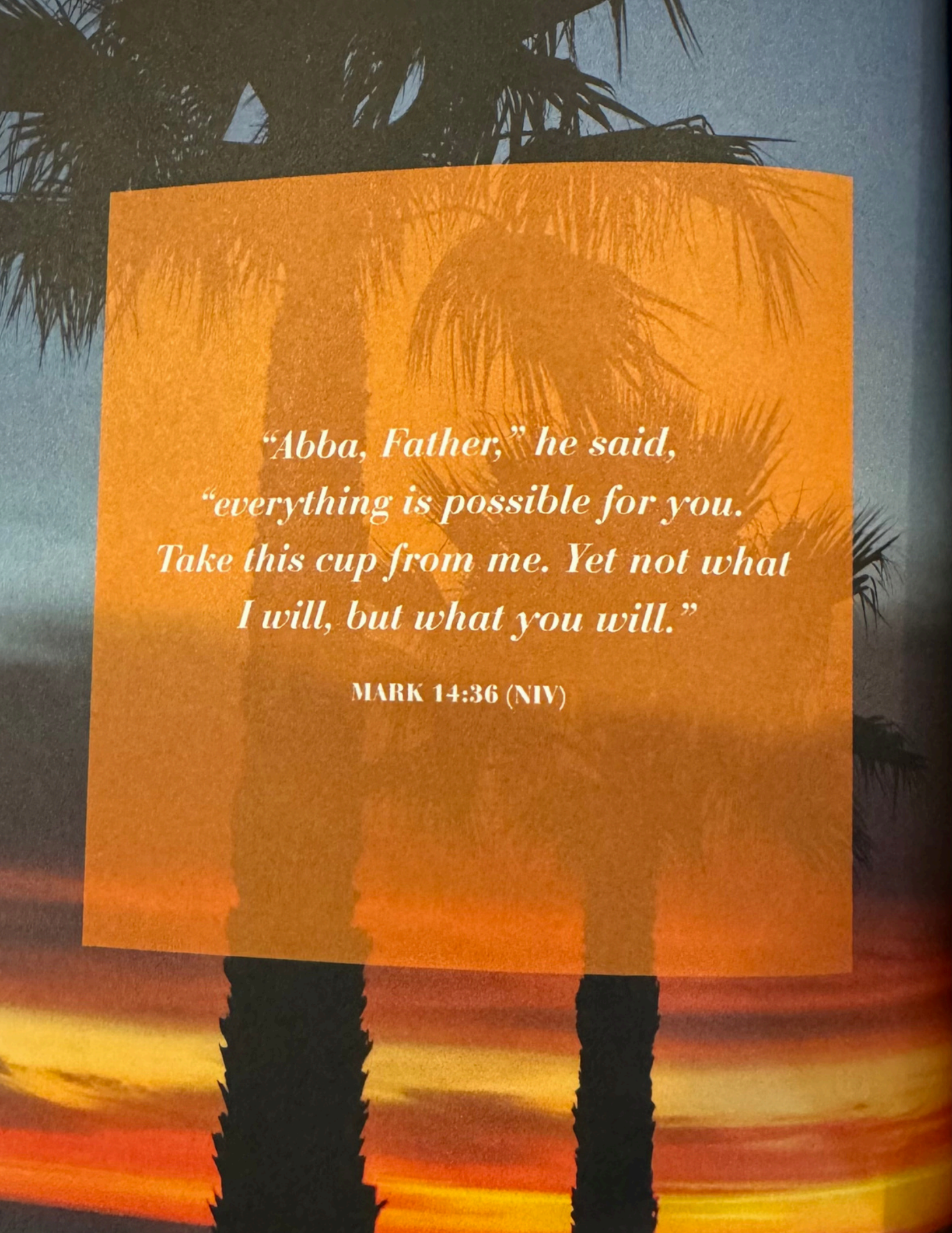
What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.

The background of the image is a sunset or sunrise scene. The sky is a mix of deep blue, orange, and yellow. Silhouettes of palm trees are visible against the sky. A large, semi-transparent orange rectangle is centered on the page, containing the text.

*“Abba, Father,” he said,
“everything is possible for you.
Take this cup from me. Yet not what
I will, but what you will.”*

MARK 14:36 (NIV)

DAILY PRAYER JOURNAL

Day 20

What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.

*“Do not worry about tomorrow,
for tomorrow will worry about itself.
Each day has enough trouble
of its own.”*

MATTHEW 6:34 (NIV)

DAILY PRAYER JOURNAL

Day 21

What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

What do you think?

What does this passage mean to you? How does it apply to your life?

What is your prayer?

This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.
