

## SESSION THREE

# THE PATTERN FOR PRAYER (PART ONE)



## CHECKING IN

Would anyone like to share their response to the Ephesians 3:20 Exercise or an insight from your Daily Prayer Journal that especially stood out to you this week?

## KEY VERSE

*Give thanks to the Lord for his unfailing love  
and his wonderful deeds for men.*

PSALM 107:15 (NIV)

Watch the video lesson now and follow along in your outline.

*“Our Father in heaven, hallowed  
be your name. Your kingdom come.  
Your will be done on earth as it is in  
heaven. Give us this day our daily  
bread. And forgive us our sins, as we  
forgive those who sin against us.  
And lead us not into temptation,  
but deliver us from evil. For yours is  
the kingdom and the power and  
the glory forever. Amen.”*

**MATTHEW 6:9-13**

## DAILY PRAYER JOURNAL

# Day 15

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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### What is your prayer?

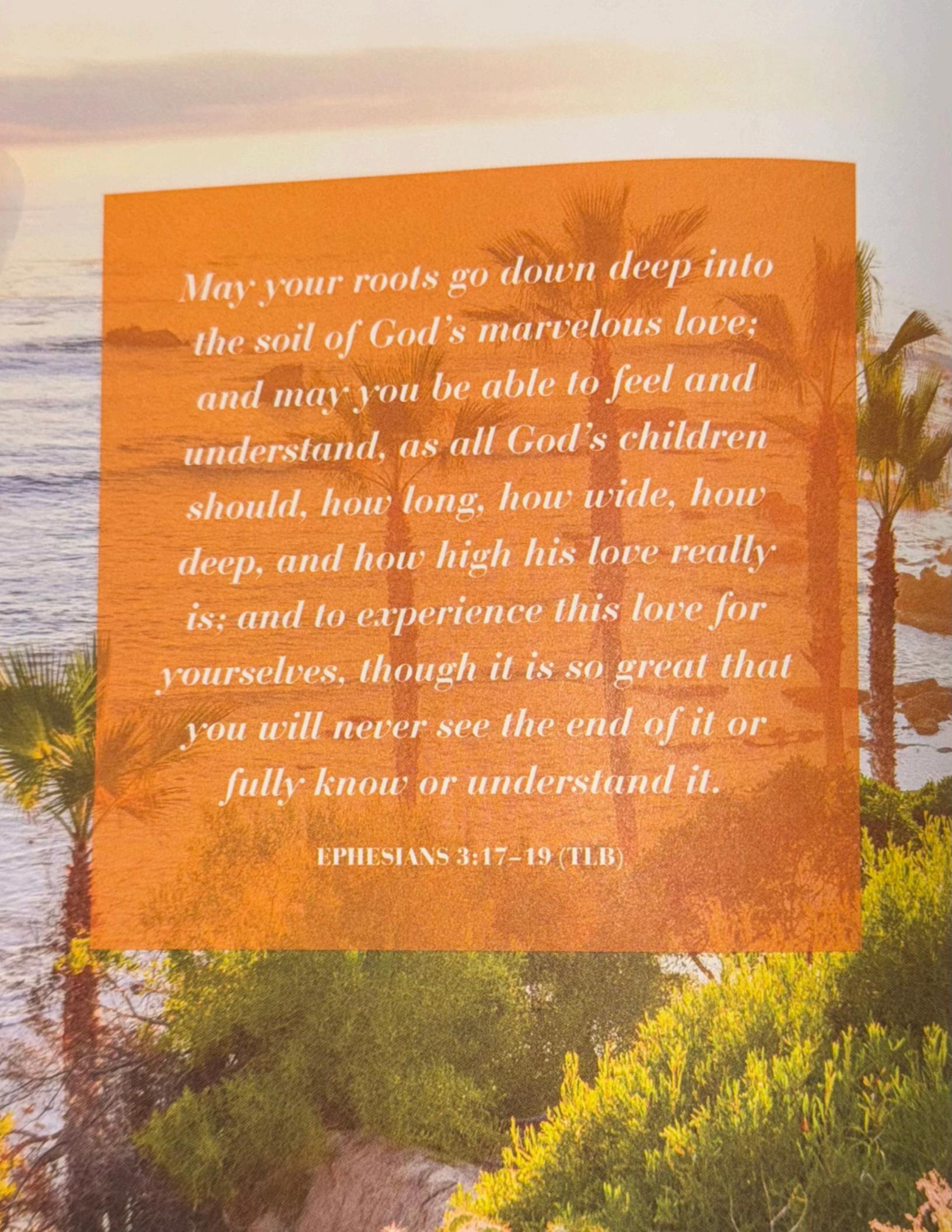
This is where you turn your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. But take a minute to write a prayer of response to God.

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*May your roots go down deep into the soil of God's marvelous love; and may you be able to feel and understand, as all God's children should, how long, how wide, how deep, and how high his love really is; and to experience this love for yourselves, though it is so great that you will never see the end of it or fully know or understand it.*

**EPHESIANS 3:17-19 (TLB)**

# DAILY PRAYER JOURNAL

## Day 16

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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### What is your prayer?

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*Give thanks to the Lord for  
his unfailing love and his  
wonderful deeds for men.*

**PSALM 107:15 (NIV)**

# DAILY PRAYER JOURNAL

## Day 17

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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### What is your prayer?

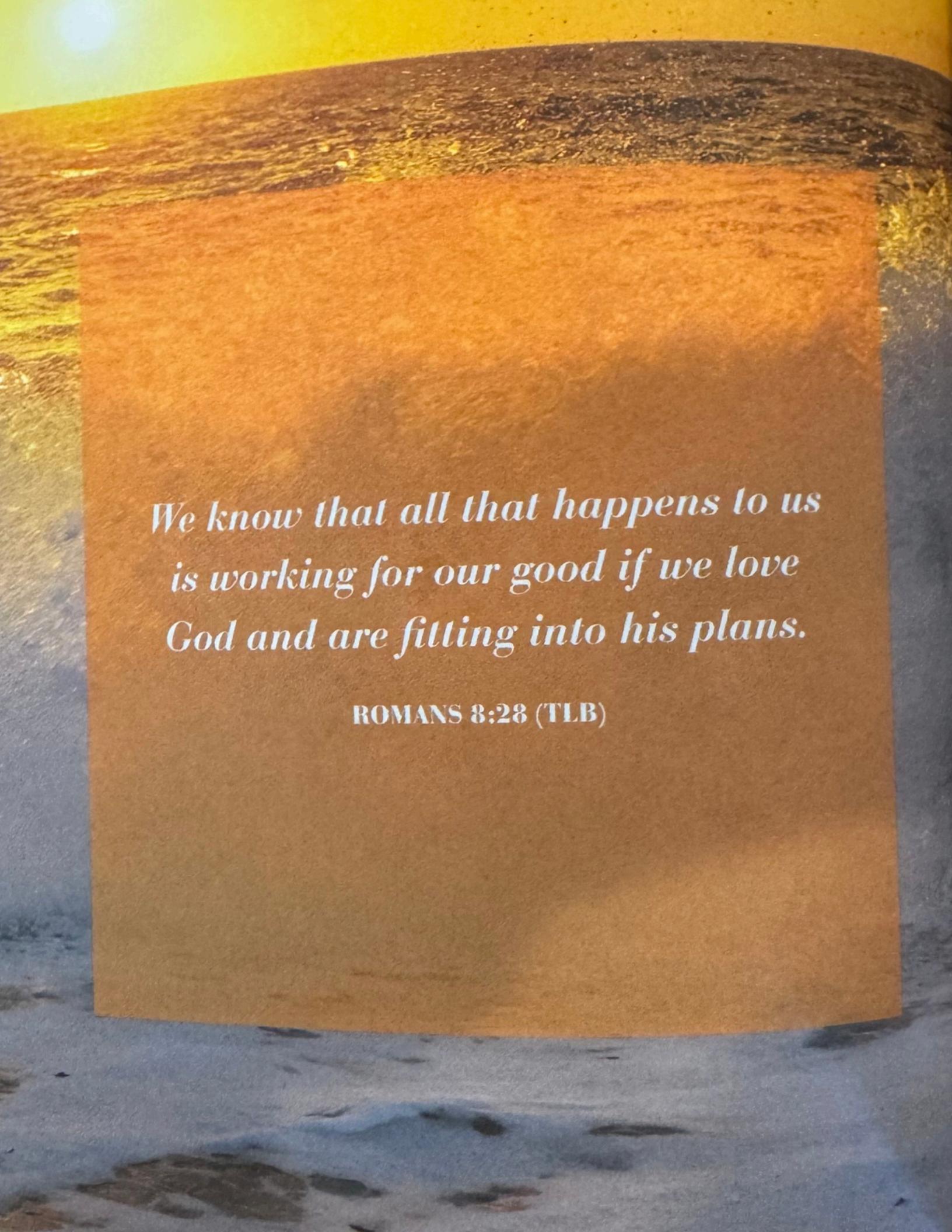
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A landscape photograph of a beach at sunset. The sky is a warm orange and yellow, transitioning to a darker blue at the horizon. The ocean waves are visible in the foreground, and a dark, textured rock formation is on the right. A large, solid orange rectangular block is overlaid on the image, containing the text.

*We know that all that happens to us  
is working for our good if we love  
God and are fitting into his plans.*

**ROMANS 8:28 (TLB)**

# DAILY PRAYER JOURNAL

## Day 18

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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### What is your prayer?

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*So here's what I want you to do,  
God helping you: Take your  
everyday, ordinary life—your  
sleeping, eating, going-to-work,  
and walking-around life—and place it  
before God as an offering. Embracing  
what God does for you is the best  
thing you can do for him.*

**ROMANS 12:1 (THE MESSAGE)**

# DAILY PRAYER JOURNAL

## Day 19

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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### What is your prayer?

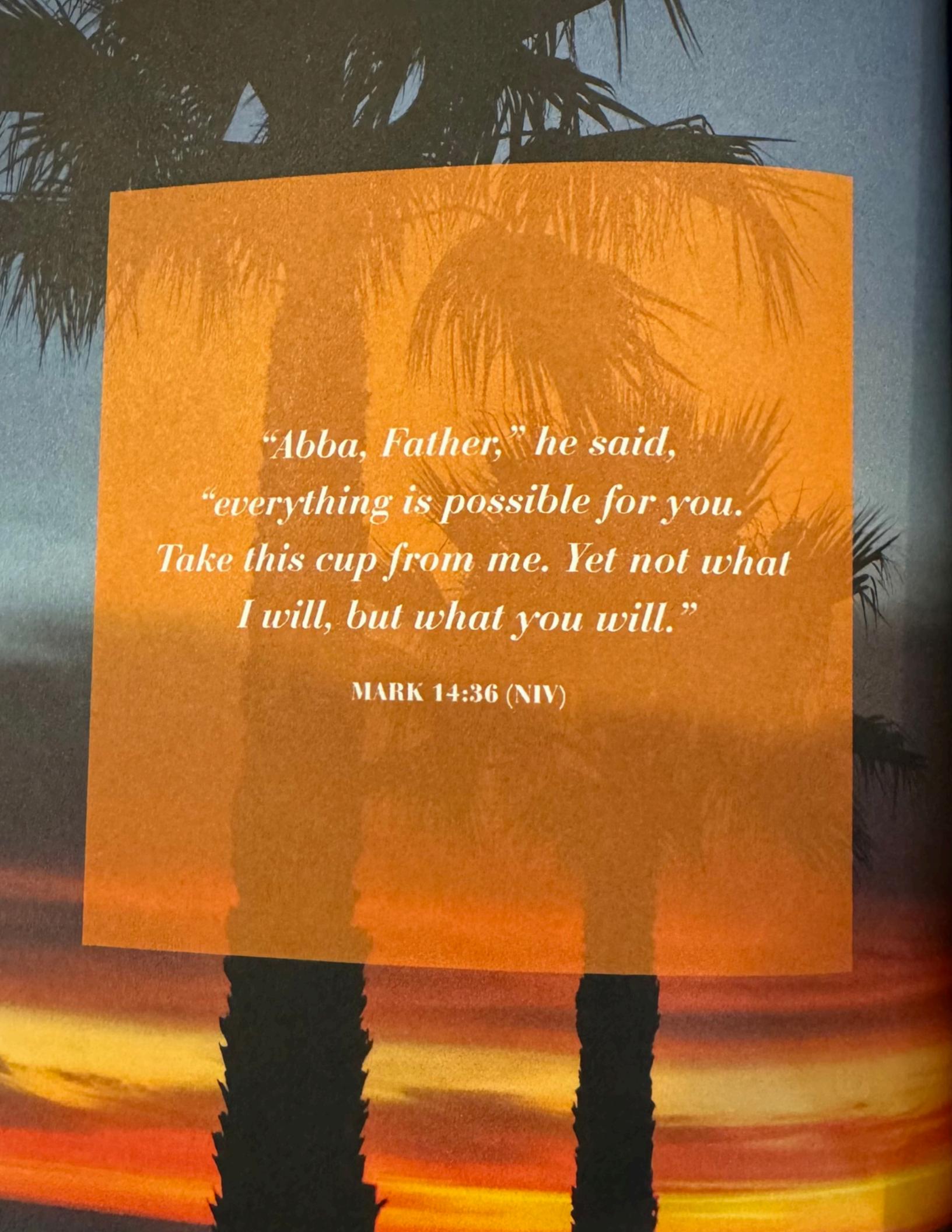
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*“Abba, Father,” he said,  
“everything is possible for you.  
Take this cup from me. Yet not what  
I will, but what you will.”*

**MARK 14:36 (NIV)**

# DAILY PRAYER JOURNAL

## Day 20

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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### What is your prayer?

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*“Do not worry about tomorrow,  
for tomorrow will worry about itself.  
Each day has enough trouble  
of its own.”*

**MATTHEW 6:34 (NIV)**

# DAILY PRAYER JOURNAL

## Day 21

### What did you hear?

What did God say to you as you read today's Bible passage?

What word or phrase was most meaningful to you?

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### What do you think?

What does this passage mean to you? How does it apply to your life?

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